

# NAVY LEAGUE CADET ORIENTATION 2008

## League Orientation Seabag List - Checkoff Report

Name:			Unit:		
<b>Male</b>			<b>Male</b>		
Item	Num	Verify	Item	Num	Verify
	Req.	at RTC		Req.	at RTC
<b>Uniform Items</b>			<b>Personal Hygiene Items</b>		
White (Dixie Cup) Hat	1 ea		Sunscreen (Min. SPF 15)	1 ea	
Black Trousers	1 pr		Bug Repellent (NO spray cans)	1 ea	
White Short Sleeve Shirt w / NLCC Flash	1 ea		Deodorant (NO Spray Cans)	1 ea	
Utility Trousers	2 pr		Talcum or Baby Powder	1 ea	
Utility Shirt (S/S) with NLCC Flash	2 ea		Anti-fungal Foot Powder	1 ea	
Utility Shirt (L/S) with NLCC Flash	1 ea		Soap, Soap Dish and Shampoo	1 ea	
Sewing Kit with spare buttons	1 ea		Shaving Kit (No aerosol) Electrics Okay	1 ea	
Belt, Black	1 ea		Toothpaste and Toothbrush	1 ea	
Silver Buckle	1 ea		Hairbrush	1 ea	
Athletic Shorts (Black or Dark Blue)	1 ea		Shoe Shine Kit	1 ea	
Athletic Supporter	1 ea		White Bath Towels	2 ea	
Swimsuit	1 ea		White Wash Cloths	2 ea	
Under shorts (White Cotton)	6 pr				
T-shirts (Plain White Crew Neck)	6 ea		<b>Supplies</b>		
Handkerchiefs	3 ea		Twin Flat White Sheets	2ea	
Black Socks	3 pr		Twin White Pillow Cases	2 ea	
White Socks, Athletic	6 pr		Pillow	1 ea	
Shoes (Black Leather Only - broken in)	1 pr		Dark Blanket or Sleeping Bag	1 ea	
Shoes (Athletic Running type)	1 pr		White Towels and Wash Cloths	2 ea	
Shoes (Shower)	1 pr		Sea Bag (No Suitcases)	1 ea	
Spare Shoe Laces (For Leather shoes)	1 pr		Flashlight with Second Set of Batteries	1 ea	
Spare Shoe Laces (For Tennis shoes)	2 pr		Key Locks with 2 Keys each	1 ea	
			Stationary (Paper/Stamps)	1 ea	
			Ball Point Pens (Black Ink)	1 ea	

- Recruit Cadets (Training Code NT-TX) will remove Rate Insignia from all shirts. **NO EXCEPTIONS!!!**
- Recruits are responsible for their own spending money (\$25.00 Max) - KEEP IT LOCKED UP!
- Black Leather shoes ONLY!!! - Well Broken in - Don't Bring New Shoes - They Will Destroy Your Feet!
- NO Patent Leather Shoes, or Corframs NO DISCUSSION!!!
- Athletic Shoes should be of the type used for running and general calisthenics.
- NLCC Flashes on all garments (except Raincoat), including Jumpers, Shirts.
- Last Name Tape over right shirt pocket on Utility shirts.
- Last Name Tape on right hip pocket of Utility pants.
- Embroidered lettering on blue name tapes are also acceptable to cover previous names.
- EASY and FAST Name Tape Resource <http://www.1800nametape.com/usnsc.htm>
- All other items will be marked with Cadet's last name & last 4 digits of SSN# on manufacturer's label.
- Do not bring candy, gum, magazines, weapons or other contraband items.
- Bathing suits for both sexes should be conservative in cut and color; female suit should be one piece.
- Cadet who wears contacts lens; should bring a pair of regular glasses to wear as necessary.
- Cadet should have a plain wristwatch.
- Aerosol cans are forbidden.