

Recruit Sea Bag List 2010			Check Off Report		
Name:		Unit:			
Female				Female	
Item	Num	Verify	Item	Num	Verify
	Req.	at RTC		Req.	at RTC
Uniform Items			Personal Hygiene Items		
Combination Cap (preferred) or Beret	1		Sunscreen (Min. SPF 15)	1	
White Slacks	1		Bug Repellent (NO spray cans)	1	
White Jumper	1		Deodorant (NO Spray Cans)	1	
Neckerchief	1		Talcum or Baby Powder	1	
Dungarees or Utilities Trousers * **	3		Anti-fungal Foot Powder	1	
Dungaree/Utility Shirt -Long Sleeve * **	1		Soap, Soap Dish and Shampoo	1	
Dungaree/Utility Shirt - Short Sleeve * **	2		Feminine Hygiene Supplies	Mandatory	
Sewing Kit with spare buttons	1		Toothpaste and Toothbrush	1	
Belt, Black	1		Comb, Hairbrush & Hairpins	1	
Belt, White	1		Shoe Shine Kit	1	
Silver Buckle	1		Shaving Kit (No aerosol) Electrics Okay	1	
Raincoat (Black) NECESSARY	1		Supplies		
Athletic Shorts (Black or Dark Blue)	2		Sea Bag (NO SUITCASES!)	1	
Swimsuit (One Piece)	1		Sleeping Bag / Pillow	1	
Underwear (White Cotton)	6		Flat Sheets, White, Full Size	2	
White Bras (Regular and Sports)	4		Pillow Case, Plain White	1	
T-shirts (Plain White Crew Neck)	6		White Bath Towels	2	
Handkerchiefs	4		White Wash Cloths	2	
Black Socks	6		Key Locks with 2 Keys each	1	
White Socks, Athletic	4		Stationary (Paper/Stamps)	1	
			Large Laundry Net Wash Bag	2	
Shoes (Black Leather Only - broken in)	1		1 to wash lights – 1 for darks		
Shoes (Athletic Running type)	1		NO JEWELRY except	0	
Shoes (Shower)	1		Inexpensive watch &	1	
Spare Shoe Laces (For Leather shoes)	1		Silver Ball Earrings (approx –1/4in)	1	
Spare Shoe Laces (For Tennis shoes)	1		Disposable Camera – If desired	1	

***Cadets may wear Utilities or Dungarees. DO NOT MIX UNIFORM TYPES**

****Cadets must have one gender uniform (M or F) so Gig Line is correct**

**Black Leather shoes ONLY!!! - Well Broken in - Don't Bring New Shoes - They Will Destroy Your Feet
NO Patent Leather Shoes, or Corframs NO DISCUSSION**

Athletic Shoes should be of the type used for running and general calisthenics

NSCC Flashes and Rank on all garments (except Raincoat), including Jumpers, Shirts,

Cadet's last name must be displayed over right shirt pocket on dungaree shirts (**Name Tapes preferred**)

Cadet's last name must be stenciled on right hip pocket of dungarees (Name Tapes preferred)

EASY – FAST – CHEAP!! Name Tape Resource <http://www.1800nametape.com/usnsc.htm>

Do Not cross out previous names, cover with like denim color patch and then stencil your name

All other items will be marked with Cadet's last name & last 4 digits of SSN# on manufacturer's label

DO NOT BRING candy, gum, magazines, weapons, cell phones or other contraband items.

If such items are found – THEY WILL NOT BE RETURNED

Travel items can be turned in on Arrival and will be returned after Graduation

If Cadets wear contacts lens; they should bring a pair of regular glasses to wear as necessary

Cadets are responsible for their own spending money (\$25.00 Limit) - KEEP IT LOCKED UP!